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~~Chapter 1~~

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Concepts: Terms in this set (88) A certain amount of fiber in

foods contributes to the health of the digestive tract, but too

much fiber leads to nutrient losses. The characteristic of diet

planning illustrated by this statement is ...

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213. Terms in this set (35) Processes of Nutrition is studied at

four levels. What are they? 1. Nutritional Genomics (genes

and our body) 2. Cell & Molecular Nutrition (metabolism,

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molecular level) 3. Clinical Nutrition (lab ...

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Evolution and Natural Selection; Diversity of Life,
Classification and Evolution; Biology II- Unit III--Evolution and
Population Genetics

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~~Chapter 1—Evolution and The Science of Nutrition ...~~

1) Which of the following BEST describes nutrition? A) Nutrition is not a science. B) Nutrition is the science that studies food and how food nourishes our bodies and influences our health. C) Nutrition is an ancient science that dates back to the fourteenth century. D) Nutrition is the science of food.

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