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10 Ways to Make Others Shine. Earl Miller, a neuroscientist at MIT says, "Success has a much greater influence on the brain than failure."Ned Hallowell comments in Shine: While of course mistakes need to be acknowledged and, one hopes, learned from, it may be more likely, from a purely neurological point of view, that a person will learn more from a success than a failure."

Il cervello umano è l'organo che controlla ogni funzione del nostro corpo, per cui prendersene cura è vitale se si vuole mantenerlo giovane e attivo a qualsiasi età. Questo libro è veramente per tutti, ed è soprattutto per chi sul benessere, la salute, l'allenamento e il potenziamento cerebrale non sa assolutamente nulla. Mira a introdurre una serie di strategie e tecniche finalizzate sia a garantire il benessere del cervello sia ad allenarlo e potenziarlo. In questo libro troverai: . Consigli sulla corretta alimentazione; . Rimedi naturali per potenziare il cervello; . Tecniche per un buon esercizio fisico quotidiano; . Efficaci metodi contro lo stress; . Tecniche di rilassamento e meditazione; . Esercizi di respirazione; . Strategie per potenziare la memoria e l'attenzione; . Tecniche pratiche di concentrazione e visualizzazione.

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The Hard Bound Book Mind Control Language Patterns are spoken phrases that can act as "triggers" to the people who hear them. In short, they influence and control how we respond and cause us to be influenced to do things without our knowing. These language patterns are not fantasies but are based on documented uses that come from, psychology, hypnosis, Neuro Linguistic Programming and studies of human behavior. Mind Control Language Patterns can be used to help and hurt. One can use Mind Control Language Patterns to create positive and lasting change in people, as well as feelings of trust, love and affections. They can also be used to induce amnesia, fear, insecurity and doubt. These types of patterns are what we call "dark" pattern.

Human mobility has been a defining feature of human social evolution. In a global community, the term "mobility" captures the full gamut of types, directions, and patterns of human movement. The psychology of mobility is important because movement is inherently behavioral. Much of the behavioral study of mobility has focused on the negative – examining the trauma of forced migration, or the health consequences of the lack of adaptation – but this work looks into the benefits of mobility, such as its impact on career capital and well-being. Recent years have witnessed a phenomenal increase in efforts to understand human mobility, by social scientists, think-tanks, and policymakers alike. The book focuses on the transformational potential of mobility for human development. The book details the historical, methodological, and theoretical trajectory of human mobility (Context), followed by

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sections on pre-departure incentives and predispositions (Motivation), influences on acculturation, health and community fit (Adjustment), and changes in career capital, overcoming bias, and diaspora networks (Performance).

“The Amazing Secrets of the Yogi” is a vintage guide to attaining health and success through the mastering of various yogic techniques, including proper breathing and breath control, using the Law of Attraction, and controlling thoughts. Through doing so, the author claims that you will be able to understand take charge of your life in a way that before would have been unbelievable. Charles Francis Haanel (1866–1949) was an American philosopher, author, and businessman most famous for his work with the New Thought movement and in particular his book “The Master Key System”. Other notable works by this author include: “The New Psychology” (1924), “A Book About You” (1928), and “The Master Key System” (1912). An accessible and easy-to-follow self-help book that will appeal to those with an interest in yoga and allied subjects. This classic work is being republished now in a new edition with specially curated introductory material.

This book sheds light on the emotional side of risk taking behaviour using an innovative cross-disciplinary approach, mixing financial competences with psychology and affective neuroscience. In doing so, it shows the implications for market participants and regulators in terms of transparency and communication between intermediaries and customers.