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exactly what the title claims and more. The book begins with
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ward in a mental hospital. He tells the reader how the
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Basic Counseling Techniques: A Beginning Therapist's

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Step One - Learning the Basic Skills of Counseling Techniques. Learning some basic skills of counseling techniques (link to [Basic Counseling Techniques: A Beginning Therapist's Tool Kit by Wayne Perry](#)) is the first step on our journey. These basic skills include the patterns of sessions, active listening, body language, tone, open ended and closed questions, paraphrasing, summarizing, note taking, homework, the 'goodie bag' and other fun and informative stuff!

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A. TECHNIQUES - Basic Counseling Skills

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Basic Counseling Techniques: A Beginning Therapist'S Toolkit (Third Edition) Author: Wayne Perry: Publisher: AuthorHouse, 2008: ISBN: 1463464312, 9781463464318: Length: 362 pages: Subjects

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When working with clients, counsellors draw on a number of basic counselling skills. They include: • Attending • Use of Silence • Reflecting and Paraphrasing • Clarifying Questions • Focusing • Rapport Building • Summarising. Click to download your PDF on the Basic Counselling Skills Explained.

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First impressions really are lasting impressions. It is important to be timely and friendly. Introduction – the first 10 minutes. Greet the client warmly – smile and shake hands. Escort to your office. Offer a chair and a drink of water. Your client will

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be nervous – not knowing what to expect.

Pattern of Sessions - Basic Counseling Skills

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Basic Counseling Techniques By Wayne Perry

The book Basic Counseling Techniques: A Beginning Therapist's Toolkit by C. Wayne Perry, D. Min, LMFT, is

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